

The Problematic and Risky Internet Use Screening Scale Brief

PRIUSS 3

Please answer the questions based on how you have felt and conducted yourself regarding your internet use over the past 6 months. Please do your best to interpret these questions as they apply to your own experiences and feelings.

When considering your internet use time, think about any time you spend online, whether you are using a computer or a mobile device. Do not include time you spend texting unless you are using text messages to interact with an online application.

Place an X in the box which best describes your answer.

How often do you	Never 0	Rarely 1	Sometimes 2	Often 3	Very often 4
<i>experience increased social anxiety due to your internet use</i>					
<i>feel withdrawal when away from the internet</i>					
<i>lose motivation to do other things that need to get done because of the internet</i>					

Patients with a total score of greater than or equal to 3 on the PRIUSS-3 can then be administered the PRIUSS-18 as a more thorough evaluation.

Reference

Moreno MA, Arseniev-Koehler A, Selkie E. Development and Testing of a 3-item screening tool for Problematic Internet Use. J Pediatr. 2016 Sep; 176:167-172.